

Cocoa Tea

Prep Time

2 mins

Cook Time

10 mins

Total Time

12 mins

Course: Drink Cuisine: creole Servings: 3 Calories: Author: Felix

Ingredients

- 1 1/2 cups water
- 2-3 tbsp grated cocoa
- 1/4 tsp salt optional
- 2 tsp. sugar to personal preference
- 2-3 tbsp full cream milk or skim milk
- Spices and Cinnamon sticks

Instructions

1. Finely grate the cocoa.
2. Boil the water in a deep pot. Then add the grated cocoa, spice and cinnamon sticks to the water. Allow to simmer for about 10 - 15 minutes, then turn off the stove.
3. Add the milk and sugar. Stir the ingredients well.



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